

kidsinformation

name: _____
birthday: _____ age: _____
updated: _____

{bedtime routine}

{food preferences}

{favorites}

breakfast: _____
lunch: _____
dinner: _____
snack: _____
drink: _____
lovie: _____
tv show: _____
music: _____
activity: _____
friend: _____

{daily schedule}

wakeup: _____
nap: _____
bedtime: _____
snack times: _____

{miscellaneous notes}

*likes, dislikes, fears, etc.

