

# 5 easy meals shopping list

## {meal plan}

- **bacon & spinach quiche, green salad, fresh fruit**
- **baked chicken, rice pilaf, steamed carrots & green beans**
- **chicken and rice soup with focaccia**
- **mac & cheese, steamed broccoli and layered fruit salad**
- **chicken, bacon & cheddar on focaccia with soup**

## {notes}

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## {shopping list}

- frozen or refrigerated pie crust
- eggs
- cream
- butter
- cheddar cheese
- sour cream
- bacon
- bone-in chicken breast
- frozen, chopped spinach
- green beans
- carrots
- broccoli
- lettuce
- tomatoes
- onion
- in-season fruit
- rice
- chicken broth
- macaroni
- salad dressing
- 2-3 rounds focaccia bread
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\*menu plan from Jessica at [Good Cheap Eats](http://www.goodcheapeats.com)