

10 questions to ask yourself when
decluttering

1. is this item something I use regularly?
2. if not, is it something I love?
3. am I keeping this out of obligation?
4. do I think I *should* love it?
5. am I saving this *just in case*?
6. do I have multiples of the same thing?
7. could something else do the same job?
8. am I holding onto it to fix *one day*?
9. is it worth the time I spend cleaning it?
10. could I use this space for something else?

10 questions to ask yourself when
decluttering

1. is this item something I use regularly?
2. if not, is it something I love?
3. am I keeping this out of obligation?
4. do I think I *should* love it?
5. am I saving this *just in case*?
6. do I have multiples of the same thing?
7. could something else do the same job?
8. am I holding onto it to fix *one day*?
9. is it worth the time I spend cleaning it?
10. could I use this space for something else?

10 questions to ask yourself when
decluttering

1. is this item something I use regularly?
2. if not, is it something I love?
3. am I keeping this out of obligation?
4. do I think I *should* love it?
5. am I saving this *just in case*?
6. do I have multiples of the same thing?
7. could something else do the same job?
8. am I holding onto it to fix *one day*?
9. is it worth the time I spend cleaning it?
10. could I use this space for something else?

10 questions to ask yourself when
decluttering

1. is this item something I use regularly?
2. if not, is it something I love?
3. am I keeping this out of obligation?
4. do I think I *should* love it?
5. am I saving this *just in case*?
6. do I have multiples of the same thing?
7. could something else do the same job?
8. am I holding onto it to fix *one day*?
9. is it worth the time I spend cleaning it?
10. could I use this space for something else?