

PROJECT 333

experiments in living with less



When: Every three months. Join anytime.

What: 33 items including clothing, accessories, jewelry, outerwear and shoes.

What not: Does not include your wedding ring or another sentimental piece of jewelry that you never take off, underwear, sleep wear, in-home lounge wear, and workout clothing that's only worn to workout.

How: Choose your 33 items, box up the remainder of your wardrobe, seal it with tape and put it out of sight.

What else: Consider that you are creating a wardrobe that you can live, work and play in for three months. Remember that this is not a project in suffering. If your clothes don't fit or are in poor condition, replace them.

33 Items:

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33. _____

Quick Start Guides:

First Timers

1. Take inventory. Read: [How to Make Space](#).
2. Working with your "I Love" pile of clothing, start to build your wardrobe.
3. Consider signature items like a trench coat or pair of boots. Having one well-made version of something will be far better than 10 knock-offs.
4. Once you start, pay less attention to what you are wearing, or not wearing, and more attention to something more important.
5. You are welcome to incorporate some of the bonus rules listed, but I highly recommend starting simply.
6. Get connected and ask questions.

Starting a New Phase

1. Donate any items from your current collection that haven't been worn.
2. Start building your new wardrobe with items in your current collection.
3. Box up whatever is not coming with you for the next three months, and mark the box accordingly so you can consider the same items for next year.
4. Make your new list. What will you change?
5. Stay connected and ask questions.

Bonus Rules

1. Use the first week of each phase if you need it to finish your collection and donation process.
2. Choose three additional items and put them aside in your closet. You may rotate these items in during the next three months, but three other items have to be rotated out and donated.
3. You may swap clothing with others participating in Project333. Post items on the Facebook page.