



Hold the door open for someone.



Bake some cookies and deliver them to a neighbor.



Write notes to a few family members or friends.



Give someone a just because gift.



Email encouraging words to a friend.



Schedule a few hours to volunteer this month.



Give out compliments today.



Give out free hugs.



Help pick up litter.



Donate used books to a library.



Show off your best smile all day.



Take dinner to another family.



Leave some change in a vending machine.



Let someone skip ahead of you in line.



Introduce yourself to someone new.



Pick up the phone instead of emailing or texting.



Help an elderly person put up his or her Christmas decorations.



Give your waiter a little extra tip.



Collect and donate unused clothes and coats.



Write letters to military personnel.
(www.operationgratitude.com)



Invite someone over for Christmas dinner.



Donate loose change in a Salvation Army red kettle or other worthy cause.



Complete someone's chores or errands.



Gather the family and take turns saying nice things to each other.



Send a batch of thank you cards to people you admire.

101 Days of
Christmas

Random Acts of kindness
Advent Calendar