

{SIMPLY SPECTACULAR}

SUMMER

BUILD, CREATE OR COOK

OUTSIDE PLAY

READ A BOOK

EXERCISE

DO SOMETHING HELPFUL

DAILY SCHEDULE
8:00AM BREAKFAST
10:30AM SNACK
1:00PM LUNCH
3:30PM SNACK
6:00PM DINNER
8:00PM BEDTIME

THINGS TO DO

{INSIDE}

play a board game

write a letter

try a new recipe

doodle

build a fort

have a tea party

{OUTSIDE}

collect bugs

pick flowers

make a nature journal

ride bikes or roller blades

create an obstacle course

play in the sprinkler