Introduce yourself to someone new.

Pick up the phone instead of emailing or texting.

Help an elderly person put up his or her Christmas decorations.

Give your waiter a little extra tip.

Collect and donate unused clothes and coats.

Write letters to military personnel.
(www.operationgratitude.com)

Invite someone over for Christmas dinner.

Donate loose change in a Salvation Army red kettle or other worthy cause.

Complete someone's chores or errands.

Gather the family and take turns saying nice things to each other.

Send a batch of thank you cards to people you admire.

101 Days of Christmas

Random Acts of kindness
Advent Calendar