



# 60 uses for baking soda

## GREEN \* FRUGAL \* SIMPLE

### AROUND THE HOUSE:

- absorb odors in shoes
- deodorize litterbox
- eliminate skunk odor
- pesticide
- slug killer
- rabbit deterrent in the garden
- clean grills
- remove oil and grease stains
- car cleaner
- deodorize RV water tank
- restore paintbrushes
- clean white boards
- remove crayon/marker from walls
- flower food
- put out small kitchen fires
- deodorize trash can/diaper pail

### HEALTH & BEAUTY:

- relieve heartburn
- detox bath
- itch relief
- bee/wasp stings
- toothpaste
- deodorant
- remove stains from hands/feet
- facial exfoliant
- no-shampoo hair care
- relieve leg cramps
- gargle during a cold
- clean retainers/dentures
- clean brushes/combs
- clean glasses
- teeth whitener
- breath freshener
- fever reducer

### CLEANING:

- drain cleaner
- absorbs odors in the fridge
- clean toilets
- scouring sinks/tubs/counters
- remove hard water stains
- deodorize garbage disposal
- freshen carpets
- clean pots/pans
- deodorize microwave
- clean coffeemaker
- polish silver tea set
- clean flat top stove
- cut grease on dishes
- mop floors

### LAUNDRY:

- laundry booster
- clean cloth diapers
- remove armpit stains
- freshen stuffed animals

### FOR YOUR FOOD:

- baking
- produce wash
- sports drink

### FOR KIDS:

- model volcanoes
- play clay
- water color paints
- magic beans
- bath fizzies
- cork races